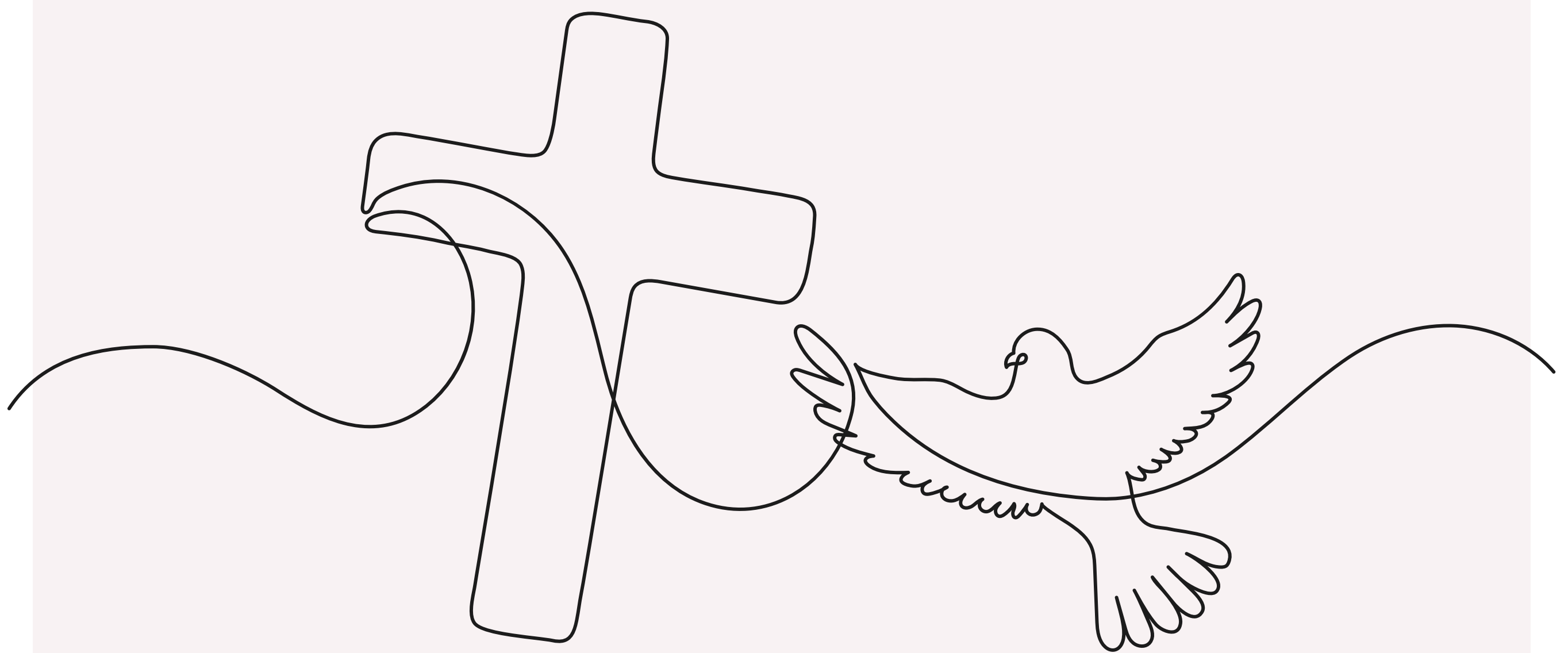


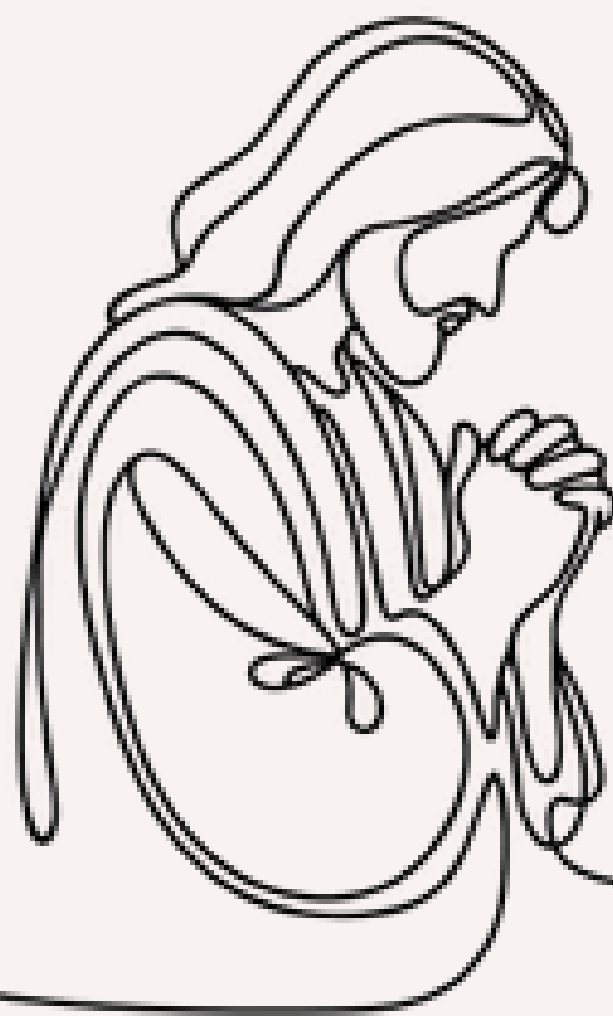
Fall Psalm of Comfort:

Five Weeks of Fall Reflections: Psalm verses with gentle reminders of God's presence, paired with reflections and simple prayers to bring comfort through the season.

Come back to read one each week throughout the fall.



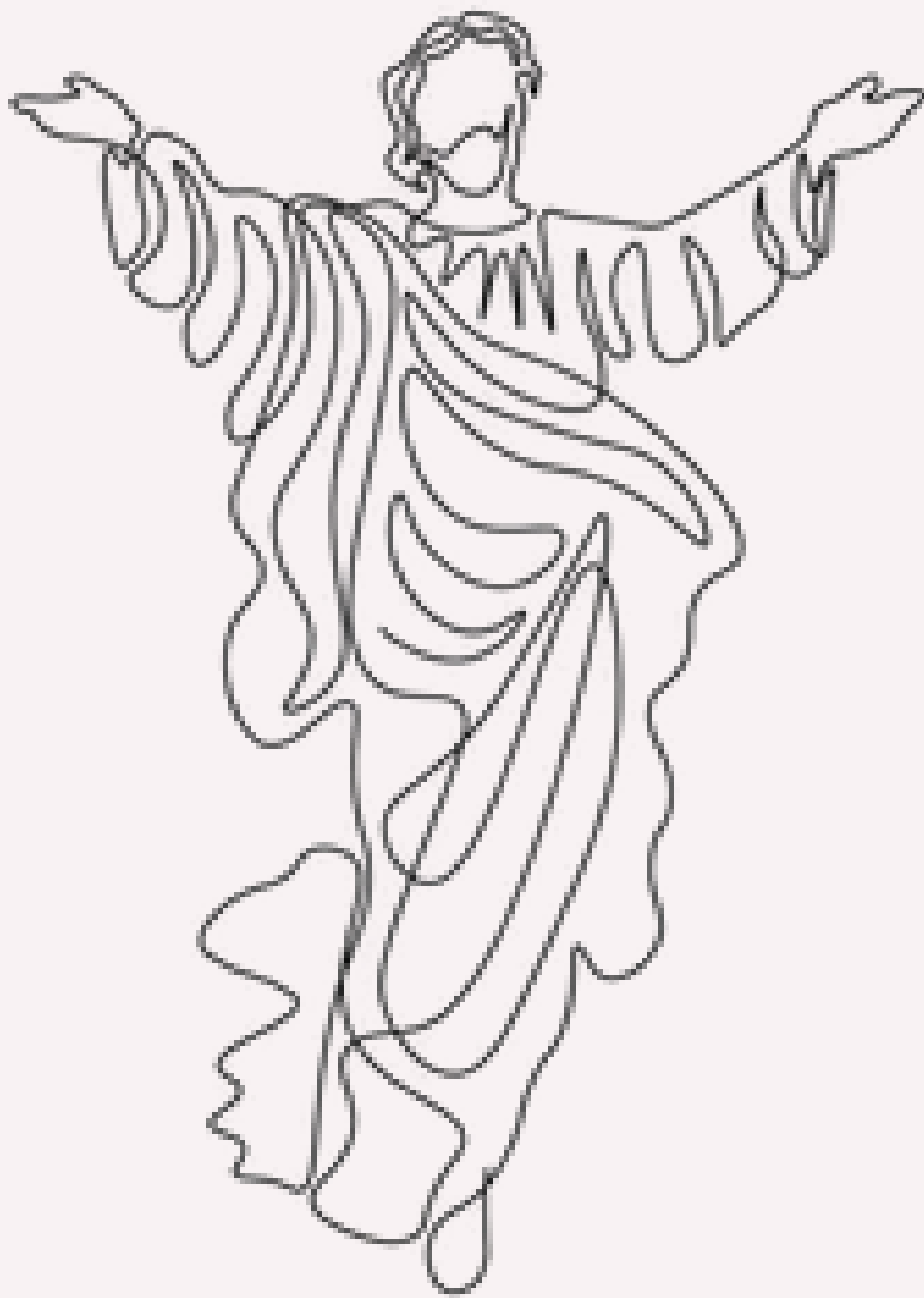
"The Lord will indeed give what is good, and our land will yield its harvest." Psalm 85:12



**Even in seasons of loss, God still offers goodness,
sometimes in quiet, unexpected ways.**

**What small "harvest" has come from your grief
journey: growth, connection, insight? Take a
moment to name one.**

*He made the moon for the seasons; the sun
knows the place of its setting." Psalm 104:19*



**There is wisdom in the rhythms of life and loss.
Nothing is rushed. Nothing is wasted.**

**Find a quiet moment to step outside. Notice the
sky. What might this season be asking you to
release?**

"They sowed fields and planted vineyards that yielded a fruitful harvest." Psalm 107:37



Grief may feel barren now, but healing often grows slowly, like seeds underground.

What are you planting in your life today,
kindness, rest, honesty that may yield healing
later?

*"He is like a tree planted by streams of water
that yields its fruit in its season, and its leaf does
not wither." Psalm 1:3*



**You are rooted in more than this moment. There is
strength in you, even when you feel fragile.**

**Imagine yourself as a tree. What helps you stay
rooted when your branches feel bare?**

"Enter His gates with thanksgiving and His courts with praise. Give thanks to Him, bless His name." Psalm 100:4



Gratitude can exist alongside sorrow. It does not erase it, but gently holds it.

What is one thing (no matter how small) you are thankful for today?