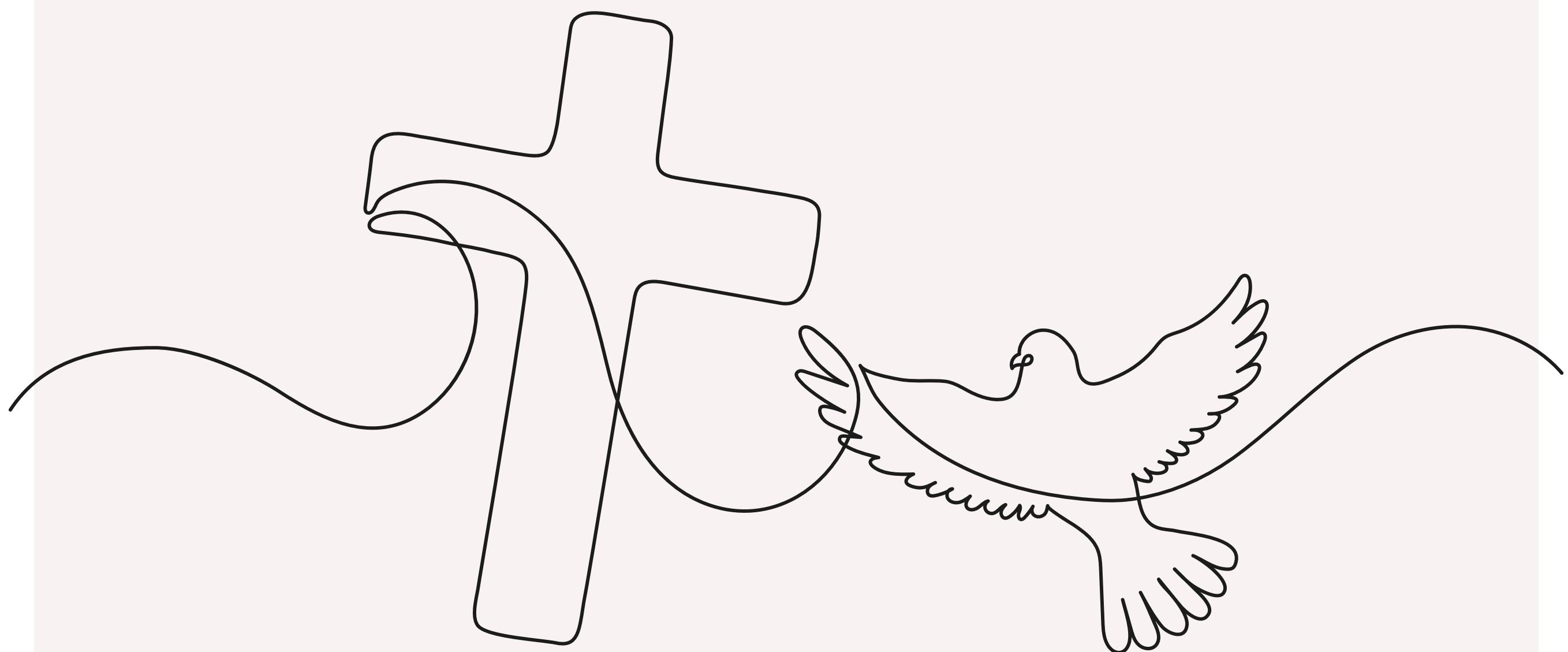


Summer Psalm of Comfort:

Five Weeks of Summer Reflections: Psalm verses with gentle reminders of God's presence, paired with reflections and simple prayers to bring comfort through the season.

Come back to read one each week throughout the summer.



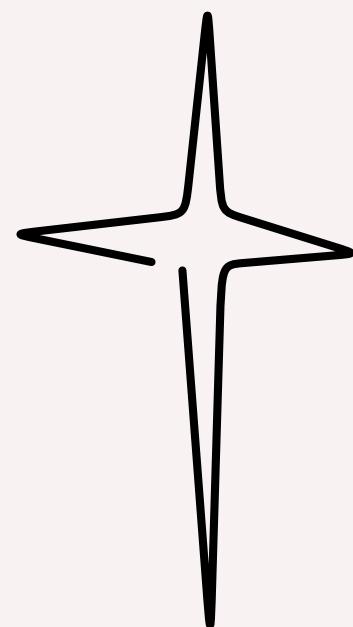
“That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.” Psalm 1:3



Summer reminds us of trees heavy with fruit, nourished by steady water. In the same way, God's presence sustains us even in seasons of grief.

Take a walk under shady trees; pause and thank God for being your source of strength.

“He brought me out into a broad place; he rescued me, because he delighted in me.” Psalm 18:19

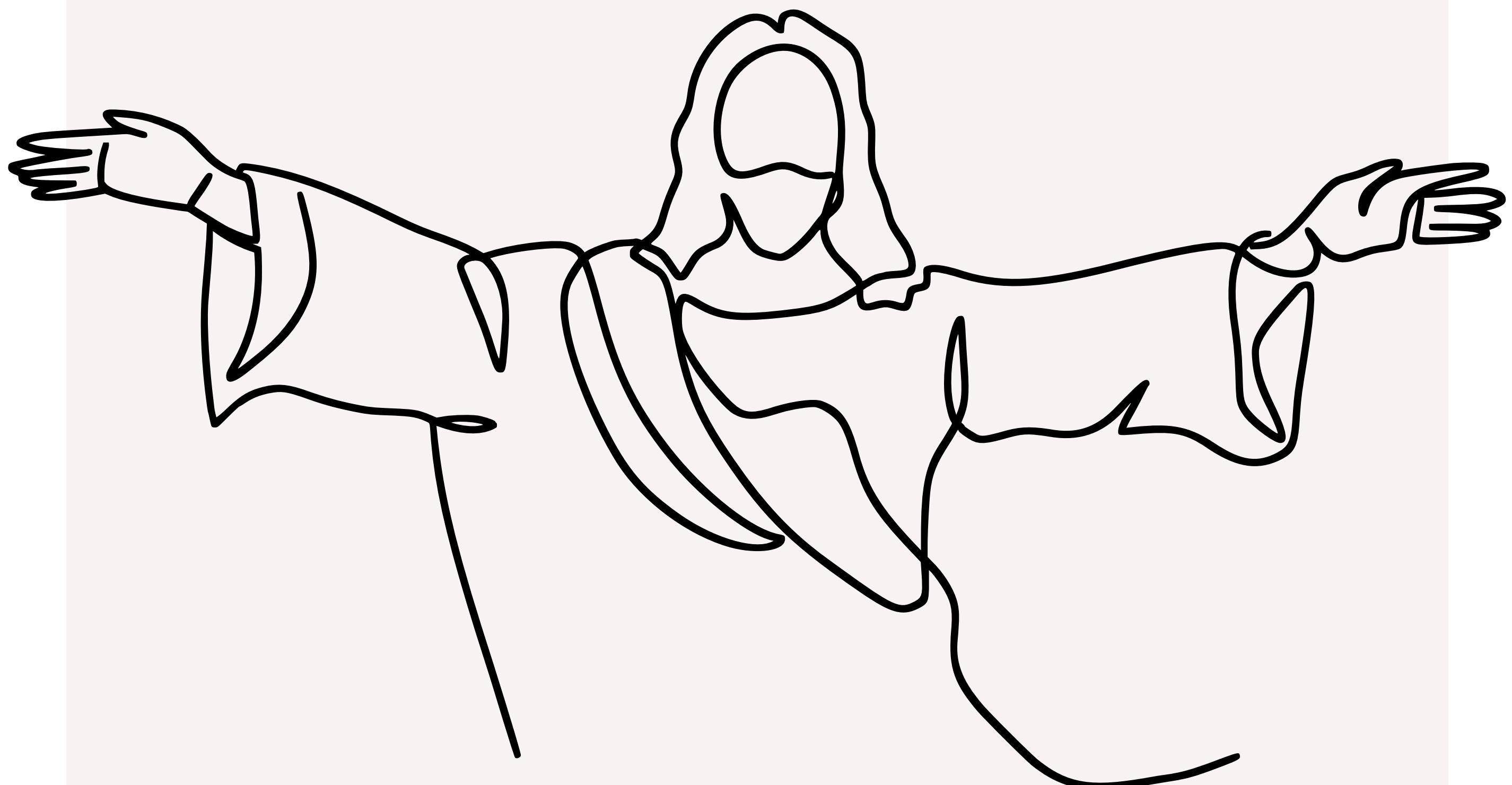


Just as summer skies feel wide and open, God's love brings us into spaces of freedom when grief feels confining.

Step outside into an open space, breathe deeply, and imagine God's arms opening wide for you.

“From the rising of the sun to the place where it sets, the name of the Lord is to be praised.”

Psalm 113:3



Long summer days remind us that from sunrise to sunset, God's presence surrounds us. Even in sorrow, each new day carries His promise of light.

Watch a sunrise or sunset this week and whisper a simple prayer of gratitude for your loved one.

“It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat: for God gives rest to His loved ones.”

Psalm 127: 2



Summer invites us to slow down and rest. God reminds us that in His care, we can lay down our burdens without guilt.

Take one restful hour this week: sit in the sun, breathe, and allow yourself to be loved by God.

“The heavens declare the glory of God; the sky proclaims the work of his hands.”

Psalm 19:1



Summer skies remind us of God's grandeur and His constant presence above us. Even in grief, creation speaks His comfort.

Spend a few minutes outdoors looking at the sky; thank God for His steady presence watching over you.