

# Veterans Benefits Guide

## Contact/Resources

- <https://www.vbg.com/>
  - <https://www.va.gov/>
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## What is Veteran Benefits Guide (VBG)?

- **VBG is a private company** that helps veterans navigate the **disability claims process**. Their trained case managers assist veterans in submitting accurate and complete VA disability benefit claims.
- **Services include:**
  - Document review and personalized guidance
  - Independent medical evaluations to support effective claims
  - Ongoing support through VA decision-making processes
- **Notably**, VBG is **not accredited** by the VA, nor does it represent veterans in appeals or before the Board of Veterans' Appeals.

## What is VA?

U.S. Department of Veterans Affairs (VA) provides **direct access** to veteran services and benefits.

- **Covers:**
  - **Health care** (VA hospitals, clinics)
  - **Disability compensation**
  - **Pensions**
  - **Education & training (GI Bill)**
  - **Home loans/housing assistance**
  - **Life insurance**
  - **Burials & memorials** (national cemetery burials, military funeral honors, headstones, flags)
  - **Bereavement counseling** and mental health support through **Vet Centers**

It is **free to use**, and all services are **official government programs**.

- **VA Burial Benefits & Honors** include eligibility for burial in a national cemetery, headstones, perpetual care, burial flags, and military honors.
- **VA Bereavement Counseling** is available through Vet Centers for spouses, children, or parents of veterans or service members who died, including those who died by suicide.