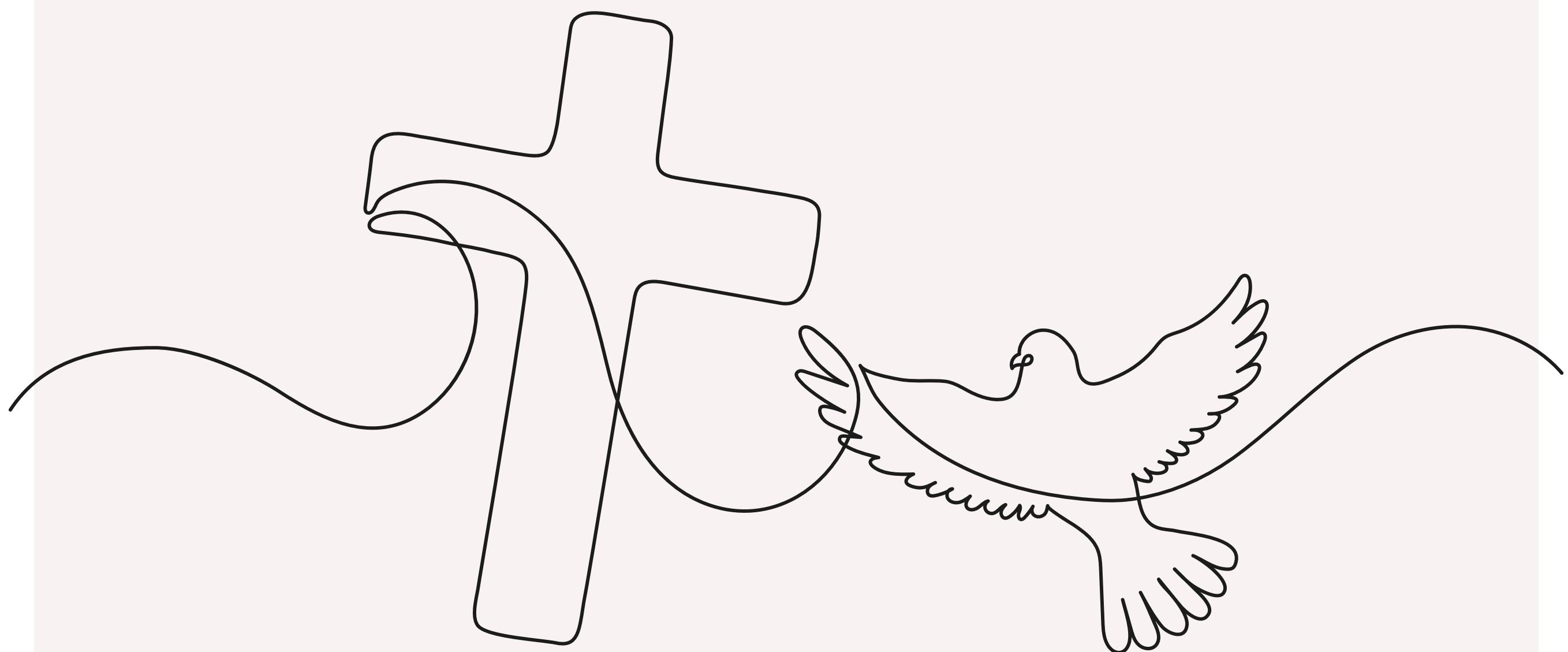


Winter Psalm of Comfort:

Five Weeks of Winter Reflections: Psalm verses with gentle reminders of God's presence, paired with reflections and simple prayers to bring comfort through the season.

Come back to read one each week throughout the winter.



"It was you who set all the boundaries of the earth; you made both summer and winter."

Psalm 74:17



**Even the cold seasons are held within God's care
and design.**

**Take a moment to sit near a window and observe
the winter landscape. Let it remind you: this
season, too, has purpose.**

"He hurls down his hail like pebbles. Who can withstand his icy blast? He sends his word and melts them; he stirs up his breezes, and the waters flow." Psalm 147:17–18



Grief may come like an icy wind, but God's word brings warmth and movement again.

Make a warm drink today and hold it in your hands. Let its heat remind you of God's presence gently thawing the hardest places.

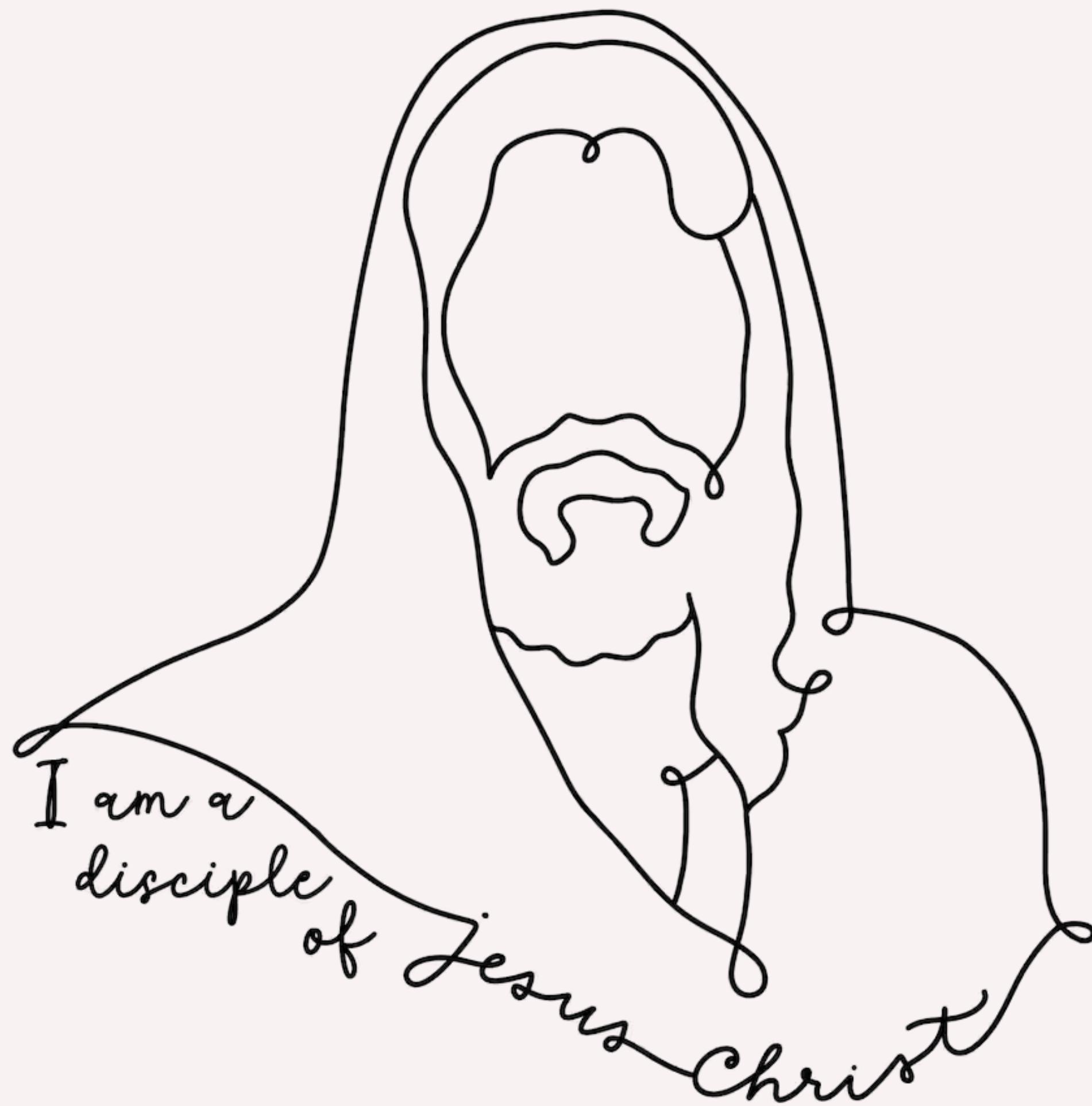
“I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.” Psalm 139:14



Long summer days remind us that from sunrise to sunset, God's presence surrounds us. Even in sorrow, each new day carries His promise of light.

Watch a sunrise or sunset this week and whisper a simple prayer of gratitude for your loved one.

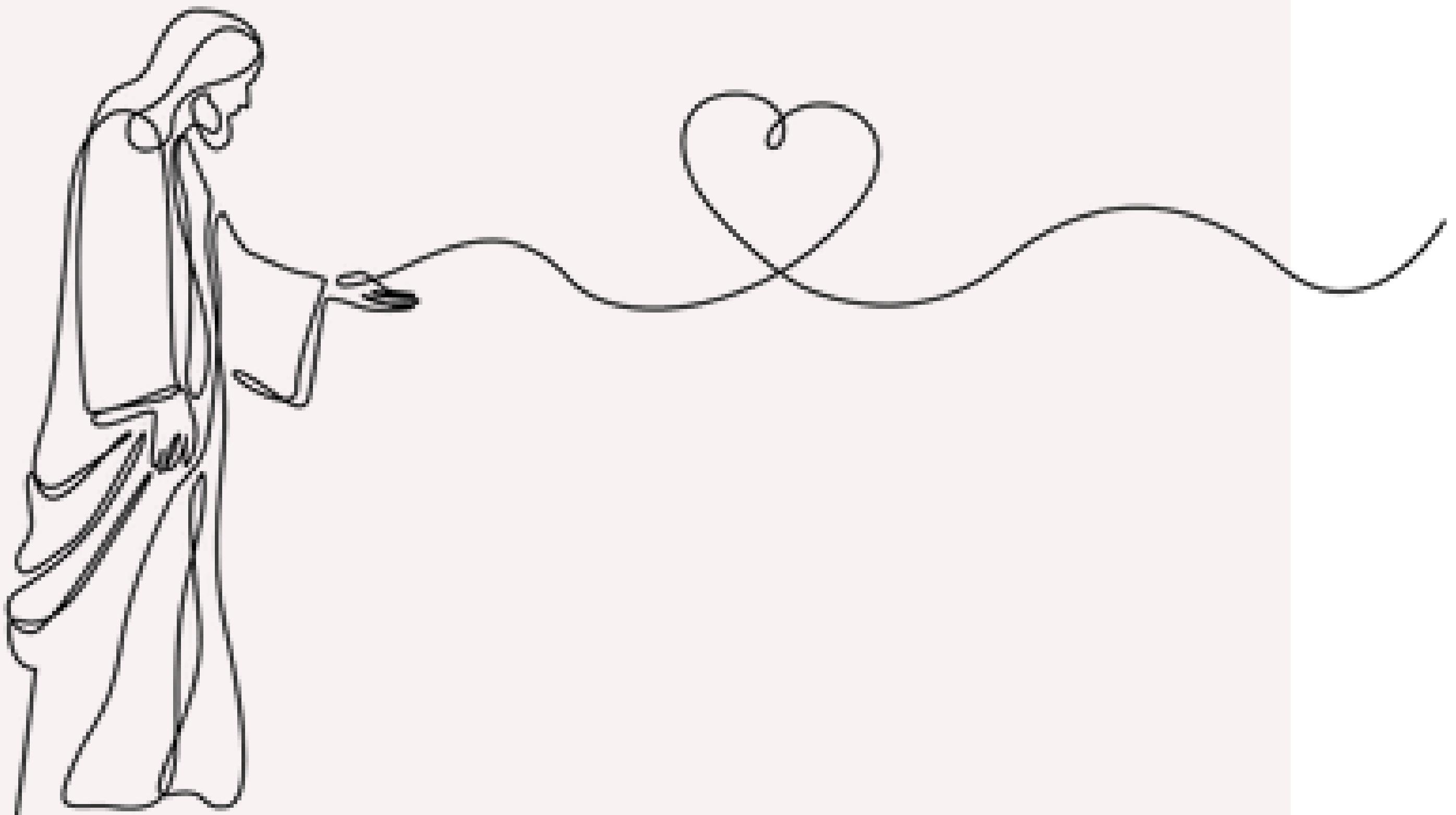
“I could ask the darkness to hide me and the light around me to become night—but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you.” Psalm 139:11–12



God is with you, even in the darkest hours—especially then.

Light a small candle in a quiet space. Watch its glow and remember: even the smallest light can pierce the night.

‘From the rising of the sun to the place where it sets, the name of the lord is to be praised.’ Psalm 113:3



**Each new day rises with the possibility of hope,
however faint.**

**Tomorrow morning, take one deep breath as the
day begins. Whisper a word of gratitude or simply
say: “I’m still here.”**